

Don't Break the Chain Worksheet

Name: _____

Month / Year: _____

						Reflection Gate
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	32	33	34	35

Color Codes

Red: _____

Green: _____

Yellow: _____

Black: _____

Reward Gate (if you did not break the chain from the last gate, give yourself a treat)

Reflection Gate (Think about the previous weeks learning and how you can maintain it to be fun)